

Capital Area Collaborative

Tuesday, November 18, 2008 ~ 8:30 am to 10:30 am

DHHS

41 Anthony Avenue, Augusta

Conveners: Healthy Communities of the Capital Area (HCCA), Spectrum Generations, City of Augusta, United Way of Kennebec Valley

Present: Martha Cushing, SpectrumLink; Steve Garascia, Public Health Nursing; Rob Gordon, United Way; Tamara Herrick, Office of Elder Services; Rachel Horton White, Office of Elder Services; Brooke Jansen, Spectrum Generations; Joanne Joy, HCCA; Carol Smith, St. Mark's Home; Janet Sawyer, MGMC Prevention Center; Karen Tucker, HCCA; Amy Wagner, HCCA

8:30-8:45	Welcome Introductions: Getting to Know Who is in the Room
8:45-9:15	Sub- Committees: Up Dates Website- Steve Garascia Membership-Martha Cushing Matter of Balance-Joanne Joy Scheduling Topics- All
9:15-10:00	Living Wills and Power of Attorney – Elizabeth Gattine Maine office of Elder Services
9:30-10:00	Sexual Assault: Jennifer Howe, Sexual Assault Crisis and Support Center
Next Meeting:	January 13, 2009

MEETING NOTES

Welcome/Introductions: Getting to Know Who is in the Room: *Martha Cushing, SpectrumLink*
Martha asked that those present briefly introduce themselves and their organization to the group.

Sub Committees Updates:

Website: Steve Garascia

Since we last met, Steve met with Healthy Communities of the Capital Area twice: once with Karen and Joanna and a second time learning about different web networking options. As a result of what was learned, what makes the most sense at this time is to have HCCA create a Capital Area Collaborative page on their website. Linked to this can be our minutes and another documents we desire.

Action: *Martha will send verbiage for the CAC "homepage" on HCCA's website. Karen will create the page and link the minutes to it, and send an announcement and link when the webpage is ready to CAC members for comment at the next meeting.*

Matter of Balance: Amy Wagner

Amy shared content of their committee's meeting, which was to discuss fundraising for a pool of money to use fund MOB trainings.

Today the hope is to pull together a calendar of MOB trainings.

The subcommittee met after the general meeting. Brooke Jansen of Spectrum Generations will be taking the place of the two Spectrum Generation employees that had been working on Matter of Balance. A document was sent to committee members to try to plan the 2009 Matter of Balance schedule and list of lay leaders. At this point no programs have been scheduled for 2009.

Miscellaneous:

- Joanne Joy invited members to a December 8th Visioning Session, which is part of the Healthy Maine Partnership MAPP process (Mobilizing for Action through Planning and Partnerships) . This process will inform a state public health plan to be developed by 2010.
- Martin Luther King Day – Pat St. Armand informed us there will be an event taking place at Buker Community Center. Events will include collecting mittens, hats, coats, etc, for the Salvation Army. There will also be demonstrations/information regarding heating and winterizing homes.
- Today is National Smoke-Out Day. Joanne circulated quit tips and resources on quitting smoking. Amy mentioned there are two support groups in the area: Augusta meets on Wednesdays, Waterville on Mondays.

CAC Upcoming Meeting Scheduling:

- January 13th Holly Stover will present on the Linkage Project
- We will incorporate an Agency Spot Light as a regular agenda topic
 - o January - Ruth St Amand from Health Reach on RSVP
 - o March - Alan Micah of Cooperative Extension – Revitalization of Homemakers
 - o May – Joanne Joy – Smoking Cessation
- Martha posed the question of whether to meet as currently scheduled (odd months) or move to a quarterly meeting. No decision to change the current schedule was made.

Home Heating Concerns: Rob Gordon of the United Way

Rob Gordon reports that the heating group meets this Friday at City Hall. On the agenda is a discussion of emerging funding and monitoring the current house heating situation.

Others offered:

- LL Bean is collecting coats will give \$10 to Keep Me Warm Fund for each coat purchased.
- Joanne Joy informed the group an e-newsletter will be published by next week by HCCA and circulated a sign-up sheet for those interested in receiving it.
- Rob reminded us that the Salvation Army Coat program is extensive and seemingly underutilized. The system is statewide, with gathered coats sent to wherever they are needed in the state.

Featured Program:

Living Wills and Power of Attorney – Elizabeth Gattine

Handouts:

- DHHS “Health Care Advance Directives: Your Right to Choose” from the office of Elder Services
- Tool kit for Health Care Advance Planning
- Aging: taking Care of Business

DHHS’s Health Care Advance Directives handout contains the materials and information needed to create something commonly known as a “Living Will”. This designates who will make decisions on the behalf of a person and explains the different options and their definitions.

Website for resource is: http://www.maine.gov/dhhs/beas/eol_info.htm

Adjorn:

Martha thanked the presenter and noted it was time to transition to sub-committee meetings.

Martha adjourned the plenary meeting at 9:55a.m.

Minutes submitted by: Karen Tucker, HCCA 11/24/08

Please send corrections, comments to ktucker@mcd.org