



Public Health is for Everyone!

Augusta Municipal Offices
Fort Western Room
October 5, 2010
5:30 to 7:00

DRAFT Meeting Notes

Participants: MaryFrances Bartlett, City of Augusta; Ann Connors, Muskie Institute; Cindy Dow, community member; Brandi Farrington, Kennebec Behavioral Health; Elisabeth Small, community member; Maria Stevens, Kennebec Behavioral Health; Bob Tiner, NAMI Maine

Project Staff: Joanne Joy, Karen Tucker

Introductions were made around the table.

Review provided by Joanne as a power point presentation that restated goals of project, discussion topics and a recap of our first two meetings. She also shared public health materials available through HCCA, encouraging everyone to help themselves at meetings end.

The Draft Action Plan, the result of the groups work thus far, was shared (see attached). We spent the rest of the meeting discussing the Draft Action Plan and looking at the different areas, adding ideas and brainstorming actions. A comment was made, and met with agreement, that reaching out to those experiencing depression is a challenge; one is not likely to enter into a group of unknown people and even turning on a computer, if one is available, to connect with supports can be daunting during a depression

Suggestions:

- Get our website link on others websites – NAMI, SKCDC, Maine State Housing, area churches. Angel network, Hospitals, Social clubs – the link Club, Capital Clubhouse, Wisdom singles club, Family Violence Project,
- Create a FAQ document, which includes issues for which we don't have the answer. (service based questions)

Public Health is for Everyone Electronic Newsletter:

- Families, friends, consumers submit articles themselves? First person stories are compelling to include.

- Include personal stories, “What are your successes for making a healthier life change? How did you do it?”
- Do we sent the invitation to contribute to a handful of people, or send it to everyone we know of in the community?
- Liked quality of life phrase.

People/groups to send the newsletter to and invite input are:

City of Augusta

- School Department,
- School and public librarians
- School counselors.
- In Augusta – Leif Dahlin, Human service director
- two groups in the area- Scott Dow and another group- Mary Francis will provide other name.

Area organizations

- Headstart, other children’s Day Care
- Local Health Officers

Presentations –

- Joanne and Ann will create a presentation to give to organizations on Quitting substance and treating MH issues
- Presentations will be given to students in the MH field.
 - ATV classes have speakers- Community Mental Health Class – Professor Grace Leonard
 - Presentation at social clubs – MOCO has LINC club 622-5736 Scott Hallet 285 State St
 - Capitol Clubhouse 629-9080 327 Stone St Christine Dunbar
 - Riverview has presentation – also in discharge packets;
 - Kennebec Collaborative – Judy Adams heads it up- one Wednesday a month- Brandi Farrington will give information October 20th this month. Brandi will contact

Identifying champions – The ones who call up for a presentation

- Brandi – Kennebec Collaborative
- Mary Frances – Augusta groups
- Maria Stevens – Kennebec Health

Appendix 1 Contact information

Southern Kennebec Domestic Abuse Council (SKDAC)
 c/o Family Violence Project
 P.O. Box 304
 Augusta ME 04332-0304

PHONE (207) 623-8637
FAX (207) 621-6372

Kennebec County
Directors & Drug Court
72 Winthrop Street
Augusta, ME 04330
Office 207-623-3975 begin
Fax 207-623-3974

Kennebec County
Co-Occurring Disorders Court
72 Winthrop Street, 2nd Floor
Augusta, ME 04330
Office-207-623-3973
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Kennebec County
Elizabeth Simoni
Pretrial Services
125 State Street, 2nd Floor
Augusta, ME 04330
Office 207-620-7298
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14 Maine Street
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University and Colleges Students of Social Work