



Public Health is for Everyone!

Augusta Municipal Offices
Fort Western Room
August 31, 2010
5:30 to 7:00

DRAFT Meeting Notes

Participants: MaryFrances Bartlett, City of Augusta, Nan Bell, Family Violence Project; Brandi Farrington, Kennebec Behavioral Health; Cameron Jones, youth; Kelly LaBrecque, Community Member; Ann Lange, Community Member; Kristian McKay, Community Member; Maria Stevens, Kennebec Behavioral Health; Bob Tiner, NAMI Maine

Project Staff: Joanne Joy, Karen Tucker

Introductions were made around the table.

Review provided by Joanne as a power point presentation that restated goals of project, discussion topics and the outcomes of the first meeting on August 17, 2010. She also shared public health materials available through HCCA, encouraging everyone to help themselves at meetings end.

Summary of Recommendations from Meeting One: It was noted that at this second meeting we have more providers present than community members, which was one of the suggestions made at our last meeting of ways to ensure public health information is received by people experiencing depression and/or other behavioral health concerns. The first meeting participants strongly recommended that the individuals who create treatment and care plans such as clinical supervisors also need to be part of this three meeting process, and urged HCCA to follow up with an invitation to more providers. A specific idea was to educate Case Managers and other community support staff at existing educational opportunities. Topics could include:

- Impact on mental health and substance abuse treatment of tobacco cessation, physical activity and nutrition changes etc.
- Joining the HCCA email list to stay up-to-date on local public health

Another recommendation was to identify organizations to approach with an offer to come to an existing meeting or monthly in-service and give a brief presentation on the benefits of looking at client treatment plans through the Public Health lens.

The majority of the meeting was spent in first broad brain storming of what should be done to improve access to public health information and systems

The providers urged us to expand our thoughts about the networks and systems that serve individuals who may have mental health and substance abuse diagnoses. The data about poor health, years of life lost, and conversely the individual's interest in tobacco treatment and improved health from exercise and healthier eating is generally not a focus for a number of systems including those connected with the public safety systems, domestic violence organizations, employment re-entry, etc.

A list of networks, ongoing meetings, and systems that were recommended to have both presentations and ongoing connections to HCCA and the larger HMP system included:

- Primarily serve the HCCA Service Area
 - NAMI specific friends and family groups
 - SKDAC (Southern Kennebec Domestic Abuse Council) Note: meeting on 3rd Wednesday of September. Need to identify usual meetings dates
 - Homeless Shelters
 - All behavioral health treatment and service providers

- Primarily in Central District
 - NAMI specific friends and family groups

- Primarily a Statewide System
 - NAMI friends and family groups
 - Groups connected to pre-trial
 - Maine Pre-Trial folks also create case management plans
 - VOA (Volunteers of America)
 - Probation and Parole
 - (Justice Mills?)

List of existing services/programs/options for behavioral health clients, friends, and family include:

- Project Integrate: Tobacco Cessation and Provider Policy supports for individuals and organizations

List of recommendations for building awareness and skills

- Creating trainings that can be provided at individual agencies, or annual meetings of associations, and other usual training / workshop / professional development venues
- Include the ideas of holistic recovery
- Include the stages of change into case plans, as a core concept for changes in wellness/health related behavior and for other areas of change
 - Serious Mental Illness Case Managers who could/are running wellness groups
 - Community-based Clinicians
 - Domestic Violence Advocates
 - Criminal justice case managers
 - Vocational rehab case workers

3rd Meeting:

NOTE CHANGE IN DATE and LOCATION

Tuesday, October 5th, 2010

5:30-7:00

LOCATION CHANGE: Augusta City Hall, First Floor Conference Room

Appendix 1
Contact information

Southern Kennebec Domestic Abuse Council (SKDAC)

c/o Family Violence Project

P.O. Box 304

Augusta ME 04332-0304

PHONE (207) 623-8637

FAX (207) 621-6372

Kennebec County

Directors & Drug Court

72 Winthrop Street

Augusta, ME 04330

Office 207-623-3975 begin

Fax 207-623-3974

Kennebec County

Co-Occurring Disorders Court

72 Winthrop Street, 2nd Floor

Augusta, ME 04330

Office-207-623-3973

Fax-207-623-3974

Kennebec County

Elizabeth Simoni

Pretrial Services

125 State Street, 2nd Floor

Augusta, ME 04330

Office 207-620-7298

Fax 207-623-4083

Volunteers of America of Northern New England

14 Maine Street

Brunswick, Maine 04011

Phone: (207) 373-1140

Fax: (207) 373-1160

University and Colleges Students of Social Work