

# Places to be Active in Manchester!!

..

Name	Location	Description	Activities	Note:
Allen-Whitney Memorial Forest (Shed Pond)	At the Manchester corner at the junction of routes 202 and 17, take Route 17 Northwest about 1.6 miles to Worthing Road on right. Take Worthing road about 1.1 miles and turn right onto Scribner Road. Parking is available at the North Manchester Meeting house, immediately on the left.	Marked Trails on north side of Scribner Hill road	Nature walking, bird watching	Contact: 207-952-6856 <a href="http://capitalwalks.blogspot.com/2009/06/allen-whitney-memorial-forest.html">http://capitalwalks.blogspot.com/2009/06/allen-whitney-memorial-forest.html</a>
Gannett Woods	Next to Allen-Whitney Memorial Forest. (above)	120 – acres with trails.	Hiking , cross country skiing, snowshoeing	
Longfellow's Greenhouses	81 Puddledock Road, off Western Ave (Route 202) in Manchester	Walking routes inside greenhouses – Year round!!		207-622-5965 <a href="http://www.longfellowsgreenhouses.com/">www.longfellowsgreenhouses.com/</a>
Jamie's Pond Wildlife Management	From Hallowell, take the Outlet Road to Jamie's Pond Road, a dirt road forking off to the right, marked by a small street sign. Proceed (slowly) for ½ mile and look for a turn-off down to the pond on your left. There is also parking along jamie's Pond Road itself, a better idea in the winter. From Manchester, there is access from both the Collins Road and the Meadow Hill Road. Access also in Hallowell.	Various trails are well marked and have locator maps at trailheads and intersections. Loops connect to allow hikers to choose shorter or longer walks, all in the easy to moderate difficulty range.		<a href="http://capitalwalks.blogspot.com/2008/09/jamies-pond.html">http://capitalwalks.blogspot.com/2008/09/jamies-pond.html</a>
KVYMCA Manchester Campus	40 Granit Hill Road, off Route 202 207-622-9622	Walking, jogging, running, 3 lanes available on a banked indoor track		Call for fees Manchester residents check for special rates <a href="http://www.kvymca.org">www.kvymca.org</a>