

April 8, 2010 Healthy Start Forum Flip Chart Transcription

Future Topics:

- Substance Abuse
- Toilet Training
- Domestic violence
- Discipline
- Mental Health in the Home
- Unplugging from media and technology
- Parenting Children with disabilities
- Multiple people in children's lives creating inconsistencies in messages
- Loss, abandonment, reunification
- Co-parenting (both separated and intact families)
- Financial issues
- Adult themes impact on children
- Public school environment – for example- benefits opposed to home schooling
- Incarceration of parent – the impact (in, out, reintegration)
- Transportation (to appointments, then to drug store, errands)
- Parents legal rights (step-parent, guardian, caretaker)
- Media influence – particularly violence and aggression (ie video games)
- Healthy relationships
- Self care for providers
- Self care for families
- How to respond to parents defensiveness, guild around what they have or have not done as the reflect on previous conversations with home visitor

How We Support/Work Together:

- Informal consultation with folks like David, Mark, Kate in “reflective groups”
- Clinical supervision
- Training on engaging difficult families that are resistant to changes that may benefit their children
- Skills to shield self from psychic damage from above.
- Reflective supervision – a consistent plan
- Scenarios by a theatre troop depicting family dynamic
 - before a home visit
 - during the visit
 - after the visit
 - then a Q&A with players remaining in their role
- A training that is day-long with the same type of format as this one in the morning, then an afternoon of working in small groups with peers, sharing insight and experiences, perspectives, etc.

Plusses and Deltas:

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- Location
- Lead training
- Follow-up on sleep, with resources available
- Network opportunities
- Genuine interest in what we want
- Big group (well attended)
- Food
- Bathroom close by!
- Stayed on time

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- Bigger venue
- Follow up was difficult with new attendees – suggestion is to provide summaries and resources to registrants so they can be prepared and know more before they come.
- Please have an introduction – quickly – at the beginning.