

Southern Kennebec Healthy Start

Our next meeting will be September 10th @ 7:30 at the new SKCDC Office , Maine Avenue Farmingdale. (2nd Thursday of each month unless otherwise noted)

- A. Financial review - Pam**
- B. Community Forum Planning**
- C. Planning for 2010**
- D. Next steps**

Present: Pam Morin, Kate McLinn, David Whitestone, Mark Rains, Debbie Dunn, Becky Dick, Brandon Taylor, Nancy DeSisto, Karen Tucker, Nan Bell Karen Tucker, Dan Roy, Rene Page, Gladys and Burr Richardson

Finance - **Still have about \$2000 after administration.**

Garden: Documentation ongoing. Approved community collaboration funding for local school participation in August 2nd training on Connecting Garden to Cafeteria & classrooms.
Action: **Pam Morin to follow up on.**

IMI: Increasing Male Involvement: Dan Roy (7 year IMI member) is exploring offering a 24 /7 Dad curriculum, IMI member for 7 years; Curriculum developed by fatherhood experts and practitioners. Skills based and mindset about being a Dad today. Adopted by national Parent as Teachers as one their fatherhood program. AM session and more advanced PM session. Includes some of the psychology of fatherhood; 5 Characteristics of being a great dad; 12 two hour sessions; Review curriculum at Fatherhood.org. condan@roadrunner.com.
Possibilities

- **SKCDC review curriculum at website**
- **We purchase the curriculum and let others use it**
- **September SKCDC Community forum presentation**

Camping Trip: It is a go; participants excited; Mt blue; Friday night; Saturday to Sunday. \$10 gas card; September 12 th and 13th; 10 families signed up.

Handouts: Mark distributed a rough draft. *Action:* **David, Kate and Mark will improve current draft to present at the forum.**

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Community forum: 2009 community forum to promote community expectations that all SK infants become *Secure, Healthy, Capable and Lovable* so that they start school ready to learn

- Cohen Center booked for September 22 – 8:30 – 12:30 with the same food. Open for adjustment
- Flow
 - Inclusion and Introduction
 - Update on Mini grants
 - Sleep (*Healthy*)
 - Here is what we know-*Mark, David and Kate*
 - What resources do we have already? *Participant pre work and bring their resources to the forum*
 - What can we do to help emphasize the importance of Sleep culturally throughout Southern Kennebec County? *Group discussion*
 - Fathering 24 -7 - *Dan Roy*
 - Needs Assessment for future work

Respectfully submitted by Nancy DeSisto