

Capital Area Network of Elder and Disability Services

Meeting Notes

Tuesday, March 8, 2011

8:30 am to 10:00 am

DHHS

41 Anthony Avenue Room C, Augusta

Present: Karen Tucker, HCCA; Vicki Foster, Spectrum Generations;

8:30 Introductions: Getting to Know Who is in the Room

This is a facilitated networking time, where participants are invited to share news and information about their services and request information of the group.

9:00 Sandra Labelle, Adult Community Case Management

Supervisor, Spectrum Generations Case management helps individuals and families to connect with resources needed to enhance the quality of life, and participation in their community through person-centered planning and empowerment toward independence.

Highlights:

- MaineCare funded.
- Currently they are not fully funded and do the best they can to support those in need.
- a person can get housing, perhaps in-home supports.
- Has been a wait list for over a year and a half. 490 are at risk. Plans were strength based, now has to be providing what is available and financially feasible
- Those with mental health diagnosis have a person centered plan formulated
- Case managers connect people to resources and help with the paperwork needed to be processed to access those resources.

Questions:

- Do case manager you oversee have waivers? They help to process them, and does paperwork to get people on waiting lists. People can be placed in residential care facilities.
- What about dual diagnosis? A person can be dually diagnosed- mental health and disabilities; once diagnosed can access daily living skills supports. A person with solely mental health would not be able to have a case manager for mental health disabilities.
- There is a lot of paperwork; great population to work with, very appreciative, often not aware of the resources available.

Is there a medical professional charged with Geriatric oversight? There is not a medical doctor currently specializing in this, however there are physicians in the area that are passionate about Geriatrics.

- Final note: Please call, we can help you know where to start in finding resources in the area.

9:20 Susan Garascia, Adult DayBreak Administrator, Spectrum Generations) The DayBreak Program is for adults who are 60+ and disabled adults 19 years of age and older with a need for supervision or a need for a social outlet. The program is an affordable alternative, as it delays the need for long-term care and allows an individual to remain at home as long as possible.

Highlights:

- Program provides Geriatric oversight.
- Center based- elderly 60 or above. 19 and above developmentally disabled
- MaineCare does pay for some- elderly have to have a Gould Assessment
- Contracts to provide services with the VA
- Do have private pay -- \$12 an hour
- Local businesses have given scholarships
- Locations: Belfast, Hallowell, Waterville?
- Prospective members can come and try it free for a half day (whole day has proven to be too much)
- Are licensed by the state
- Ratio of guest to caregiver is 6:1
- Serve a light breakfast and a nice lunch
- No criteria for a minimum of time a guest has to stay
- Provide activities, depending on interest and abilities of guests
- Do some outings- picnics,
- In Hallowell we have transportation: Cohen Center has a private contract. VA and private pay folks within a 10 mile radius can be picked up, standard hourly fee starts when person is picked up.
- Yearly diabetes training offered,
- Can do personal care: shower facilities
- Waterville Facilities used to have a café – still does have center social dining- welcome people from the outside. Check the website. Spectrum Generations – location – northern Kennebec
- 8 to 4 are hours of operation
- Volunteers? Yes, welcome them. A few centers have consistent volunteers.
- Dementia diagnosis? Yes, all kinds